# WIGGLES & GIGGLES CLASS INFORMATION

### **CLASS DESCRIPTION AND COST**

Wiggles & Giggles is a 6 Wk. Session Creative Movement Dance Class offered for young dancers <u>ages 18 months - 3yrs.</u> One parent or caregiver must be present and is encouraged to participate in the class. Cost for the full 6 wk. session is \$100.

### **ATTIRE**

GIRLS - may wear any color leotard (no skirts please), pink tights, and pink ballet shoes OR fitted athletic wear with tennis shoes. Note - we may need to remove tennis shoes for the acro portion of theclass, so please make sure your dancer is wearing socks. Hair needs to be pulled back.

BOYS - may wear athletic shorts and a t-shirt with black ballet shoes or tennis shoes and socks.

### PARENT OR CAREGIVER PARTICIPATION

One parent or caregiver per dancer is required to be present. Parent participation in the class is encouraged but not required.

## SIBLINGS AND GUESTS

Only enrolled students and one parent or caregiver are permitted to be in the dance studio taking class. We do not allow siblings or quests to be in the dance room while class is in progress.

# WHAT TO EXPECT

We have many activities that happen within the 45 minute time frame of this class. This is a great opportunity for your young child to get used to a new setting with some structure involved and teachers / new kids. Our activities include a fun obstacle course to work on large motor skills and balance, stretching, listening games, strength and conditioning exercises, dancing, games and more.

### <u>IMPORTANT</u>

- Only 1 parent or guardian per dancer is allowed inside the dance room (no siblings or extra guests)
  - Food or Drink is not permitted in our lobby or dance rooms. Bottled water only please
    - Please keep your child home if she or he is ill.